

Del Sol Cross Country 2009

Individual Meet Results

Regional Championships 30-Oct-09
Location: Veterans Memorial Park, Boulder City
Del Sol HS [DS]

	Mark	Avg Mile	Rnd	Name	Age/Yr	Place	Points
Event # 1 Female 5000m Run Open							
	23:24.50	7:32.06	F	Twila Stone	SR	41	---
	27:02.20	8:42.14	F	Caroline Hart	SO	72	---
	27:23.80	8:49.09	F	Lauren Mossman	SO	74	---
	28:02.30	9:01.48	F	Jaquelyn Gutierrez	SO	78	---
	28:05.60	9:02.54	F	Diana Sandoval	SO	79	---
	29:05.00	9:21.66	F	Sughra Husain	FR	81	---
	32:06.20	10:19.98	F	Erin Cranor	FR	86	---
Event # 2 Male 5000m Run Open							
	16:59.80	5:28.24	F	Colin Smith	JR	3	---
	17:50.10	5:44.43	F	Casey Walter	JR	10	---
	20:53.50	6:43.46	F	Soma Ishihara	SO	63	---
	22:39.50	7:17.58	F	Aaron Moss	SO	85	---