

Del Sol Cross Country 2009

Individual Meet Results

Lake Mead Invite 10-Oct-09

Location: Veterans Memorial Park, Boulder City

Mark	Avg Mile	Rnd	Name		Age/Yr	Place	Points	Improv
Event # 1 Female 5000m Run Open								
24:35.00	7:54.76	F	Twila Stone	DS	SR	36	---	3.00
27:32.00	8:51.73	F	Carla Ramirez	DS	SR	53	---	---
29:29.00	9:29.39	F	Caroline Hart	DS	SO	41	---	-31.00
29:54.00	9:37.43	F	Lauren Mossman	DS	SO	44	---	-13.00
30:59.00	9:58.35	F	Diana Sandoval	DS	SO	47	---	-15.00
31:07.00	10:00.93	F	Cynthia Solano	DS	SO	48	---	-19.00
32:30.00	10:27.64	F	Jaquelyn Gutierrez	DS	SO	52	---	57.00
33:13.00	10:41.48	F	Erin Cranor	DS	FR	53	---	1:09.00
34:29.00	11:05.95	F	Yvonne Miranda	DS		54	---	1:15.00
Event # 2 Male 5000m Run Open								
17:05.00	5:29.92	F	Colin Smith	DS	JR	4	---	3:32.00
18:43.00	6:01.46	F	Casey Walter	DS	JR	24	---	-34.00
22:21.00	7:11.63	F	Aaron Moss	DS	SO	65	---	-34.00
28:23.00	9:08.14	F	Chris Sims	DS	SO	74	---	---
28:54.00	9:18.12	F	Benjamin Sims	DS	SO	76	---	---
35:07.00	11:18.18	F	Adam Sims	DS	SO	79	---	---