

Del Sol Track and Field  
School Records

Stadium Records	Performance	Name	School	Date
<b>Boys</b>				
100	10.39	Garic Wharton	Valley	2009
200	21.05	Garic Wharton	Valley	2010
400	47.73	Jordan Rincon	Spring Valley	2008
800	1:53.75	Sean Zurko	Silverado	2007
1500	4:05.13	Kyle Graviet	Shadow Ridge	2007
1600	4:19.98	Tailhar Hasson	Centennial	2008
1 Mile	4:41.73	Al Galan	Liberty	2009
3000	9:12.94	Nathan Williams	Centennial	2007
3200	9:33.88	Bryan Tgibaduiza	Galena	2007
5000	15:41.65	Jeremy Sudbury	Shadow Ridge	2007
HH	14.52	Javon Marshbanks	Damonte Ranch	2009
IH	38.22	Donovan Lewis	Durango	2009
4x100	41.82	Thompson,Brison,Carroll,Sullivan	Cheyenne	2008
4x200	1:26.36	Jones,Hotchkins,Porter,McMurray	Chaparral	2009
4x400	3:16.95	Carroll,Campbell,Sulliovan,Hudgins	Cheyenne	2009
4x800	7:56.31	Zurko,Bennett,O'Barr,Reeves	Silverado	2007
Shot	61-03.25	Joe Bartlett	Bishop Manogue	2007
Discus	170-06	Joe Bartlett	Bishop Manogue	2007
Long Jump	23-08.00	Reindell Cole	Desert Pines	2006
Triple Jump	49-00.00	Charles White	Eldorado	2009
High Jump	6-09	Durrell McDonald	Green Valley	2010
Pole Vault	17-00	Cameron Kroll	Reno	2007

<b>Girls</b>		<b>Name</b>	<b>School</b>	<b>Date</b>
<b>100</b>	<b>11.98</b>	<b>Tierra Tyler</b>	<b>Western</b>	<b>2009</b>
<b>Open 100</b>	<b>11.37</b>	<b>Hasani Roseby</b>	<b>NIKE</b>	<b>2007</b>
<b>200</b>	<b>24.56</b>	<b>Gloria Roberts</b>	<b>Cheyenne</b>	<b>2006</b>
<b>400</b>	<b>55.73</b>	<b>Ashley Mosley</b>	<b>Centennial</b>	<b>2009</b>
<b>800</b>	<b>2:11.82</b>	<b>Ansherae Devine</b>	<b>Western</b>	<b>2009</b>
<b>1500</b>	<b>4:50.13</b>	<b>Katie Palmer</b>	<b>Boulder City</b>	<b>2007</b>
<b>1600</b>	<b>4:58.82</b>	<b>Marie Lawrence</b>	<b>Reno</b>	<b>2007</b>
<b>1 Mile</b>	<b>5:42.32</b>	<b>Leah Ballard</b>	<b>Clark</b>	<b>2006</b>
<b>3000</b>	<b>10:53.61</b>	<b>Wendy Harris</b>	<b>Lund</b>	<b>2006</b>
<b>5000</b>	<b>19:29.14</b>	<b>Jesica Galvan</b>	<b>Shadow Ridge</b>	<b>2007</b>
<b>3200</b>	<b>10:57.57</b>	<b>Marie Lawrence</b>	<b>Reno</b>	<b>2007</b>
<b>HH</b>	<b>14.48</b>	<b>Lenette Battle</b>	<b>Shadow Ridge</b>	<b>2008</b>
<b>IH</b>	<b>43.25</b>	<b>Kayla Sanchez</b>	<b>Carson</b>	<b>2006</b>
<b>4x100</b>	<b>46.80</b>	<b>Jackson,Tyler,Garrett,Sanders</b>	<b>Western</b>	<b>2010</b>
<b>4x200</b>	<b>1:39.28</b>	<b>Williams,Washington,Marshall,Roberts</b>	<b>Cheyenne</b>	<b>2006</b>
<b>4x400</b>	<b>3:48.34</b>	<b>Keys,Garrett,Devine,Conner</b>	<b>Western</b>	<b>2009</b>
<b>4x800</b>	<b>9:28.55</b>	<b>Lawrence,Kirsh,Slater,Larjeunesse</b>	<b>Reno</b>	<b>2007</b>
<b>Shot</b>	<b>44-05</b>	<b>Avione Allgood</b>	<b>Legacy</b>	<b>2010</b>
<b>Discus</b>	<b>143-10</b>	<b>Jessica Waggoner</b>	<b>Douglas</b>	<b>2009</b>
<b>Long Jump</b>	<b>19-00.5</b>	<b>Dominique Maloy</b>	<b>Pahrump Valley</b>	<b>2007</b>
<b>Triple Jump</b>	<b>39-03.25</b>	<b>Capri Marie Knox</b>	<b>Valley</b>	<b>2007</b>
<b>High Jump</b>	<b>5-08</b>	<b>Langley Iverson</b>	<b>Galena</b>	<b>2007</b>
<b>Pole Vault</b>	<b>12-05.00</b>	<b>Logan Miller</b>	<b>Bishop Manogue</b>	<b>2009</b>

School Records	Performance	Name	School	Date
<b>Boys</b>				
100	10.74	Tim Johnson		2005
200	21.84	Tim Johnson		2005
400	50.63	Evan Weinstock		2010
800	2:04.04	Nick Priego		2010
1500	4:07.97	Colin Smith		2010
1600	4:28.23	Colin Smith		2010
3000	8:58.00	Colin Smith		2010
3200	9:25.60	Colin Smith		2010
HH	14.81	Evan Weinstock		2010
IH	38.96	Evan Weinstock		2010
4x100	43.34	Molina,Montanez,Laity,Weinstock		2009
4x200	1:31.37	Molina,Montanez,Laity,Weinstock		2008
4x400	3:25.73	Molina,Meuir,Kelker,Weinstock		2009
4x800	8:06.84	Smith,Priego,Chipepo,Washington		2010
Shot	57-10	Cody Heinreich		2007
Discus	157-03	Saei Huihui		2009
Long Jump	21-11.00	Evan Weinstock		2010
Triple Jump	41-01.00	Evan Weinstock		2009
High Jump	6-04	Evan Weinstock		2010
Pole Vault	13-06.00	Chris Dunfield		2006
<b>Girls</b>				
100	13.14	Maya Mutaguchi		2010
200	27.46	Maya Mutaguchi		2010
400	1:01.61	Maya Mutaguchi		2010
800	2:32.47	Twila Stone		2010
1500	5:29.84	Isabel Gonzalez		2007
1600	5:55.41	Gabby Torres		2009
3000	12:53.09	Isabel Gonzalez		2007
3200	13:10.40	Gabby Torres		2009
HH	16.17	La'Shay Brewer		2007
IH	50.58	La'Shay Brewer		2007
4x100	52.44	Staten,S. Flippen,Arroyo,Brewer		2007
4x200	1:55.61			2006
4x400	4:12.97	Janitz,Stone,McComas,Mutaguchi		2010
4x800	11:16.66	Anderson,M.Lankert,Casas,Hawkins		2008
Shot	38-04.74	Rasheika Ivey		2009
Discus	123-02	Rasheika Ivey		2009
Long Jump	16-06	Shonna Flippen		2005
Triple Jump	33-07.50	Amanda Staten		2008
High Jump	5-00	La'Shay Brewer		2006
Pole Vault	9-00	Jenna Arroyo		2007

Freshman School Records	Performance	Name	School	Date
<b>Boys</b>				
100	11.88	Evan Weinstock		2007
200	23.2h	Matt Crouch		2005
400	53.94	DeQuantis Keys-Chappell		2010
800	2:09.50	Nick Priego		2009
1600	4:48.47	Nick Priego		2009
3200	10:37.83	Colin Smith		2008
HH	19.54	Greg Nikogosyan		2007
IH	44.44	Troy Miller		2008
4x100				
4x200				
4x400				
4x800				
Shot	40-00	Otto Hansell		2005
Discus	118-7	Pono Huihui		2005
Long Jump	19-02	Kemontre Stewart/Evan Weinstock		2005/2007
Triple Jump	40-02	Kemontre Stewart		2005
High Jump	6-00	Durrell McDonald		2009
Pole Vault	10-00	Andy Anderson.George Davis		2007
<b>Girls</b>				
100	13.64	Shonna Flippen		2005
200	29.14	Janique Halcy		2008
400	1:05.88	Halley Turner		2008
800	2:38.50	Jasmine Hawkins		2008
1600	6:17.66	Malayna Lankert		2007
3200	14:54.80	Kimberly Chischillie		2008
HH	18.44	Emily Tucker		2007
IH	53.78	Angela Johnson		2009
4x100				
4x200				
4x400				
4x800				
Shot	31-09	Whitney Nelson		2005
Discus	96-11	Whitney Nelson		2005
Long Jump	15-10.00	Aja Flippen		2006
Triple Jump	32-05.5	Jessica Foster		2005
High Jump	4-08	Emily Tucker		2007
Pole Vault	7-00	Katie Fischer		2008

Sophomore School Records	Performance	Name	School	Date
<b>Boys</b>				
100	10.74	Tim Johnson		2005
200	21.84	Tim Johnson		2005
400	55.72	Kyle Akers		2005
800	2:04.04	Nick Priego		2010
1600	4:39.61	Colin Smith		2009
3200	10:11.61	Colin Smith		2009
HH	16.35	Evan Weinstock		2008
IH	42.07	Orlando Kelker		2007
4x100				
4x200				
4x400				
4x800				
Shot	45-06	Cody Heinrich		2005
Discus	147-04	Jeremiah Banasiak		2005
Long Jump	19-11.50	Evan Weinstock		2008
Triple Jump	41-01.00	Evan Weinstock		2008
High Jump	5-08	Tim Gallant		2007
Pole Vault	12-06	Kolio Kolev		2005
<b>Girls</b>				
100	13.54	Kori Ruff		2009
200	26.84	Kahee Kim		2006
400	1:09.74	Jasmine Hawkins		2009
800	2:39.00	Emily Tucker		2008
1600	5:55.41	Gabby Torres		2009
3200	13:10.40	Gabby Torres		2009
HH	17.07	Angela Johnson		2010
IH	51.65	Angela Johnson		2010
4x100				
4x200				
4x400				
4x800				
Shot	28-04.00	Stevie Scott		2008
Discus	95-02	Stevie Scott		2008
Long Jump	16-06	Shonna Flippen		2005
Triple Jump	31-10.75	Amanda Staten		2007
High Jump	4-10	Emily Tucker		2008
Pole Vault	8-06	Katie Fischer		2009

Junior School Records	Performance	Name	School	Date
<b>Boys</b>				
100	10.94	Jordan Molina		2008
200	22.82	David Montanez		2006
400	52.67	Jason Meuir		2010
800	2:04.07	Jimmy D'Amora		2006
1500	4:07.97	Colin Smith		2010
1600	4:28.23	Colin Smith		2010
3000	8:58.00	Colin Smith		2010
3200	9:25.60	Colin Smith		2010
HH	15.82	Evan Weinstock		2009
IH	41.39	Evan Weinstock		2009
4x100				
4x200				
4x400				
4x800				
Shot	51-05.00	Cody Heinreich		2006
Discus	133-00	Otto Hansell		2007
Long Jump	21-04.00	Evan Weinstock		2009
Triple Jump	40-03.00	Evan Weinstock		2009
High Jump	5-10	Alex Turner/Mark Hatchin (09)		2005
Pole Vault	12-01.00	Andy Anderson		2009
<b>Girls</b>				
100	13.54	Shonna Flippen		2006
200	29.04	Shonna Flippen		2006
400	1:06.18	Jasmine Hawkins		2010
800	2:38.00	Twila Stone		2009
1600	6:41.40	Asahley Anderson		2010
3200	16:42.70	Jeanne Winthrop		2006
HH	16.41	La'Shay Brewer		2006
IH	50.84	La'Shay Brewer		2006
4x100				
4x200				
4x400				
4x800				
Shot	33-03.00	Rasheika Ivey		2008
Discus	110-07	Rasheika Ivey		2008
Long Jump	15-00.50	Shonna Flippen		2006
Triple Jump	33-07.50	Amanda Staten		2008
High Jump	5-00.00	La'Shay Brewer		2006
Pole Vault	8-01	Twila Stone		2009

Senior School Records	Performance	Name	School	Date
<b>Boys</b>				
100	11.12	Jordan Molina		2009
200	22.44	David Montanez		2008
400	50.63	Evan Weinstock		2010
800	2:05.70	Jerome Washington		2010
1600	4:51.44	Getenet Waldu		2008
3200	10:48.50	Getenet Waldu		2008
HH	14.81	Evan Weinstock		2010
IH	38.96	Evan Weinstock		2010
4x100				
4x200				
4x400				
4x800				
Shot	57-10	Cody Heinreich		2007
Discus	157-03	Saei Huihui		2009
Long Jump	21-11.00	Evan Weinstock		2010
Triple Jump	39-00.75	Alex Turner		2006
High Jump	6-04	Evan Weinstock		2010
Pole Vault	13-06.00	Chris Dunfield		2006
<b>Girls</b>				
100	13.14	Maya Mutaguchi		2010
200	27.46	Maya Mutaguchi		2010
400	1:01.61	Maya Mutaguchi		2010
800	2:32.47	Twila Stone		2010
1600	5:55.90	Isabel Gonzalez		2007
3200	13:24.73	Isabel Gonzalez		2007
HH	16.17	LaShay Brewer		2007
IH	50.58	LaShay Brewer		2007
4x100				
4x200				
4x400				
4x800				
Shot	38-04.75	Rasheika Ivey		2009
Discus	123-02	Rasheika Ivey		2009
Long Jump	16-05.00	Shonna Flippen		2007
Triple Jump	32-06.75	Amanda Staten		2009
High Jump	5-00	LaShay Brewer		2007
Pole Vault	9-00	Jenna Arroyo		2007